

**2010 Town & Country YMCA
District and Jr. District Swimming Championships
February 28, 2010
YMCA Sanction #: CAQ 09-2010 8049
ISI Approval #: ILS0250-10A**

Host: BR Ryall YMCA Swim Team

<p>Meet Director Jennifer Ridge 630-776-4775 j_ridge@wowway.com</p>	<p>Entry Chair Jennifer Ridge BR Ryall Attn: District Entries P.O. Box 3564 Glen Ellyn, IL 60137 630-776-4775 j_ridge@wowway.com</p>	<p>Head Referee Dennis Norton dennis@tap-rsi.com</p>
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<p>Officials Coordinator Nancy Livingston nmlivingston2@yahoo.com</p>	<p>Head Coach Jennifer Ridge 630-776-4775 j_ridge@wowway.com</p>	<p>BR Ryall YMCA 49 Deicke Drive Glen Ellyn, IL 60137</p>
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Location

University of Illinois – Chicago
901 W. Roosevelt Rd., Chicago, IL.

***The school is a non-smoking facility. There is no smoking allowed on the grounds.*

Facility

The UIC pool is 25 yard, eight-lane pool with starting blocks at the west end of the pool. The start end of the pool is 16' 0" deep. Competitor 6" non-turbulent lane lines, Daktronics timing system, and eight-lane display board will be used. Warm-up facility and seating for 550.

Parking

Parking is controlled by the UIC Parking Office who establishes all fees associated with parking. There is no free parking. The primary parking lot for all events in the UIC Athletic Facilities is Lot 5, located just north of the Physical Education building. The entrance to this lot is located on Morgan Street between Roosevelt Road and Taylor Street. In the event Lot 5 is not available, UIC Athletics and the UIC Parking Office will open the next closest available lot.

No Chair Policy

Due to safety concerns at UIC Natatorium, chairs of any type (lawn chairs/folding chairs/etc...) **WILL NOT BE ALLOWED** into the facility. This has been deemed a security concern as it would create an evacuation hazard if a problem should arise. There are no exceptions to this rule. Spectators refusing to cooperate will be asked to leave the premises. If you require special seating then please inform the person at the ticket table and they will be able to assist you. Only coaches will be allowed to bring chairs on deck pending approval from the safety marshal.

Meet Schedule

This will be a *Single Day Championship Meet*. The girls will compete in the morning and the boys in the afternoon per the following schedule. Warm-up sessions will not begin before the listed time, but may begin later.

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Session	Warm- Up Time	Meet Start
Girls	7:00 - 8:20 AM (may be split)	8:30 AM
Boys	12:30 - 1:50 PM (may be split)	2:00 PM
Time Trials	Warm-up/Cool-Down Pool Available at Coaches Discretion	Immediately Following Meet Events

Eligibility: The swimmer's age as of December 1, 2009 will determine their age for the meet. Swimmers must be full members of their respective YMCA and the YMCA swim team as of December 1, 2009.

Coaches: Coaches' information packets will be available to coaches in the Hospitality Area.

Officials: Officials must be YMCA certified. Volunteer names should be submitted to the host team. The official's uniform must be all white. There will be an official's meeting at 8 AM in the Hospitality area. A timer's meeting will follow at 8:15 AM on deck near the announcer's table.

Positive Check-In: This will be a positive check-in meet. Swimmers must check in at the clerk of course 45 minutes prior to the start of each session or the swimmer will be scratched from the meet. Check-in will be located on the north end of the pool deck.

Bullpen: A bullpen will be provided for 8&U swimmers. Heat sheets will be posted at both ends of the pool and in the team area.

Entries: Entries are due to the entry chairperson by Wednesday, February 18, 2009. Entries must be submitted on the enclosed entry forms or in a zipped CommLink file by mail or email. A hard copy must accompany all disks and must arrive within 48 hours for email entries. Unreadable forms will be rejected. First name, middle initial, last name and age as of 12/1/08 must appear on all entry sheets, including relays. An authorized representative of the team must sign the enclosed waiver form. Only entries with proper paperwork and fees paid in full by check or money order will be accepted. Please contact the entry chairperson with any concerns.

Entry Limits: Swimmers may enter a maximum of 4 events, no more than 3 may be individual events.

Entry fees: \$3.50 per individual events; \$14.00 per relay team. Make checks payable to BR Ryall Swim Team.

Admission fees: The cost of admissions will be \$5.00 for adults. Children ages 12-18 will be \$3.00. Coaches and officials with proper identification, as well as children aged 11 and under will be admitted free. The meet program will be \$5.00.

Vendors & Concessions: A wide variety of food and drink will be available at concessions which will be in the team area along with our vendors. All-American Aquatics will be selling swim gear and paraphernalia. A commemorative Championship T-shirt will be available for sale. Please take advantage of concessions, commemorative t-shirt sales and our vendors.

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Awards: Championship medals will be awarded for the top twelve finishers in each individual event, both for the District and Junior District entries. Only the District swimmers will be scored for overall team trophies for first, second and third place. Each team is limited to the top four scoring swimmers per event. Additionally, if a swimmer competes in a Jr. District Category, he/she will be awarded as a Jr. District swimmer even if he/she achieves a District time. The swimmer will then be awarded the top Jr. District medal if he/she has the fastest time. A District swimmer who does not achieve a District time will not be awarded a Jr. District medal, but may receive a District medal if by chance there are only twelve total swimmers in the event. The 13-14 and 15-21 age groups will be seeded and swam as combined events in the Town & Country Championships, but will be awarded and scored separately per their age group.

Scoring: The meet will follow NCAA rules to earn points as follows:

Individual Events: 16 – 13 – 12 – 11 – 10 – 9 – 7 – 5 – 4 – 3 – 2 – 1

Relay Events: 32 – 26 – 24 – 22 – 20 – 18 – 14 – 10 – 8 – 6 – 4 – 2

Results: One copy of the meet results will be mailed to the mailing address given on the entry release form. Additional copies may be purchased for \$10.00. Teams may pick up their disk at the conclusion of the meet if a disk is provided to the computer room at the beginning of the day. Results and CommLink files will be posted online at www.topswim.org

Timing: Each team may be asked to assist with timing throughout the meet.

Time Trials: Open Time trials will be offered immediately following the Boy's meet. All YMCA National Individual and Relay events will be offered. Only one try per event will be allowed. Swimmers may swim a maximum of three events. Entries will be \$7.00 for individual events and \$20.00 for relays. Swimmers must provide timers and counters if needed. Heats may be combined into boys and girls, dependent upon the number of swimmers entered. The warm-up/cool-down pool will be available for warm-ups.

Supervision: Each team is responsible for the behavior of its swimmers, parents, and coaches in all areas of the Facility. Lack of supervision may result in the team or individual being barred from further competition at the District or Area Championship meets. The following rules must be strictly observed:

- **Flash photography is prohibited on the pool deck and spectator area at all times!**
- **No Smoking is allowed within the Facility.**

We ask that everyone exhibit the YMCA's core values: Caring, Honesty, Respect, and Responsibility. The behavior of all participants is very important, not only for the image that we project but more importantly for the safety of everyone within the facility.

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Liability: The BR Ryall YMCA, the BR Ryall Swim Team, the Town & Country District Swim Committee, the Illinois/Missouri Area YMCA Swim Committee, the YMCA of the USA, and the University of Illinois-Chicago, assume no liability for any injuries, damages, lost or stolen items except that which is caused by the negligence or reckless behavior of the above parties.

First Aid: Emergency medical personnel will be available on deck during the meet. The Safety Coordinator can be reached at the Announcer's table on deck.

Deck Passes: Coaches must be in current good standing with the Illinois/Missouri Area YMCA Swim Committee and have proof of required training and certification. Coach's certifications must be turned in to Joliet JETS' Coach Dave Hedden (815-726-3939 dhedden@jolietyymca.org) by February 19th to be issued deck passes. Each coach will be issued a non-transferable deck pass. This pass must be displayed at all times while on deck. No other adults will be allowed on the pool deck.

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EVENT & Q-Times		GIRLS	BOYS
1	11 & 12 200 yd Freestyle		
2	13 & 14 200 yd Freestyle		
3	15 - 18 200 yd Freestyle		
4	8 & Under 100 yd Medley Relay	one team	one team
5	9 & 10 200 yd Medley Relay	one team	one team
6	11 & 12 200 yd Medley Relay	one team	one team
7	13 & 14 200 yd Medley Relay	one team	one team
8	15 - 18 200 yd Medley Relay	one team	one team
9	8 & Under 100 yd Indiv Medley	1:59.99	1:59.99
10	9 & 10 100 yd Indiv Medley	1:41.29	1:45.99
11	11 & 12 200 yd Indiv Medley	3:25.39	3:29.99
12	13 & 14 200 yd Indiv Medley	NA	NA
13	15 - 18 200 yd Indiv Medley	NA	NA
14	8 & Under 25 yd Freestyle	21.19	19.39
15	9 & 10 50 yd Freestyle	38.89	36.09
16	11 & 12 50 yd Freestyle	34.19	35.39
17	13 & 14 50 yd Freestyle	NA	NA
18	15 - 18 50 yd Freestyle	NA	NA
19	8 & Under 25 yd Butterfly	28.59	39.99
20	9 & 10 50 yd Butterfly	51.09	56.99
21	11 & 12 50 yd Butterfly	36.99	59.99
22	13 & 14 100 yd Butterfly	NA	NA
23	15 - 18 100 yd Butterfly	NA	NA
24	8 & Under 50 yd Freestyle	48.79	48.49
25	9 & 10 100 yd Freestyle	1:27.29	1:30.89
26	11 & 12 100 yd Freestyle	1:12.39	1:18.59
27	13 & 14 100 yd Freestyle	NA	NA
28	15 - 18 100 yd Freestyle	NA	NA
29	13 & 14 500 yd Freestyle	NA	NA
30	15 - 18 500 yd Freestyle	NA	NA
31	8 & Under 25 yd Backstroke	26.09	24.99
32	9 & 10 50 yd Backstroke	49.99	45.19
33	11 & 12 50 yd Backstroke	41.69	43.99
34	13 & 14 100 yd Backstroke	NA	NA
35	15 - 18 100 yd Backstroke	NA	NA
36	8 & Under 25 yd Breaststroke	36.99	39.99
37	9 & 10 50 yd Breaststroke	50.59	56.99
38	11 & 12 50 yd Breaststroke	42.99	50.59
39	13 & 14 100 yd Breaststroke	NA	NA
40	15 - 18 100 yd Breaststroke	NA	NA
41	8 & Under 100 yd Freestyle Relay	one team	one team
42	9 & 10 200 yd Freestyle Relay	one team	one team
43	11 & 12 200 yd Freestyle Relay	one team	one team
44	13 & 14 200 yd Freestyle Relay	one team	one team
45	15 - 18 400 yd Freestyle Relay	one team	one team

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Summary of Fees and Waiver of Liability

Complete the following form and mail to the Entry Chair with entries by Wednesday February 17th. Make checks payable to BR Ryall YMCA Swim Team. Entries on Hy-Tek Disk (accompanied by hard copy, this form, and fees) are acceptable. Emailed entries are acceptable but must be followed by hard copy and fees within 48 hours.

BR Ryall YMCA Swim Team
 Attn: District Entries
 PO Box 3564
 Glen Ellyn, IL 60137

# of Individual Girl's Entries = _____	x \$3.50 / entry	=	\$ _____
# of Girl's Relay Entries = _____	x \$14.00 / entry	=	\$ _____
# of Individual Boy's Entries = _____	x \$3.50 / entry	=	\$ _____
# of Boy's Relay Entries = _____	x \$14.00 / entry	=	\$ _____
Total Entry Fees			= \$ _____

Name of YMCA Swim Team _____

Club Code for Heat Sheet _____

Name of Coach(es) Attending Meet _____

Mailing Address:* _____

Head Coach's Work Phone _____

Head Coach's Home/Cell Phone _____

Head Coach's Email Address _____

Direct Entry Questions to _____

Phone # _____

In consideration of acceptance of this entry, I, intending to be legally bound, hereby consign, waive and release any and all rights and claims for damages which may occur against YMCA of the USA, University of Illinois-Chicago, the BR Ryall YMCA, the BR Ryall swim team their representatives, Employees, Directors, Officers, Successors, for any and all injuries suffered by me or my Contestant or Representative in said Meet as a representative of my club.

Coach's Signature _____ Date _____

* Indicate mailing address for final results if different than that shown

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Officials & Timers Sign-up Form

Please complete this officials and timers sign-up form and return it with your team's entry forms. Any team with 6 or more swimmers entered in either session must provide timers if called upon.

Team Name & Code (i.e., BRRY, JETS, etc.) _____

Official Coordinator's Name and Phone #/Email

Official's Name	Phone Number	Email	Session - AM, PM or All Day

Timer Coordinator's Name and Phone #/ Email

The BR Ryall YMCA Swim Team wishes to thank you in advance for your assistance. Your support is greatly appreciated and will help ensure no delays due to insufficient timers or officials!